



PARENT HANDBOOK 2017

TABLE OF CONTENTS

Introduction and Camp Forms	2
Camper Sections (Age Groups)	2
The Onondaga Philosophy	3
Session Dates	3
Daily Routine	4
Activity Sign Up and Rotation	4
Canoe Trips	5
Preparing Your Child For Camp	5
Telephones and Email	6
Mail	7
Camp Clothing	7
Arrival and Departure Information	8
Car Transportation	8
Bus Transportation from Toronto	8
Train Transportation	8
Air Travel and Toronto Airport Bus	8
Visiting The Camp	9
'Camp Time' (Time Change)	9
Places to Stay in the Area	9
Tuck Shop	9
Laundry and Lost & Found	10
Impetigo	10
Sun and Mosquitoes at Camp	11
Health History, Head Lice Policy	12
Medication	12
Camp Policies	13
Food Policy	14
Nut Allergies	14
Cell Phones and Electrical Equipment	14
Harassment Policy	15
Personal Property	15
Directions to Onondaga	16
Map to Onondaga	16
Map to Bus Pick Up / Drop Off (Seneca College)	17
Special Dates to Remember / Onondaga Reunion	17
Final Note	17
Suggested Clothing and Equipment List	18



PARENTS' HANDBOOK

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This Handbook has been compiled to answer many of the questions asked by parents and campers in preparation for camp. Please take a few minutes to read this booklet. It will help prepare your child for an enjoyable summer at Onondaga Camp.

Please note that camper forms may be completed online or printed from our website.

1. Camper Health History
2. Transportation Form
3. Swimming Profile & Additional Camper Information
4. Tuck Shop Permission
5. Clothing Pre-Order Form (optional)
6. Expectation Form
7. Canoe Trip Sign Up (for campers age 11 and older in 2017 only)
This form is **NOT** required for 'C' session campers or LITs.

Please return all forms to our Toronto office by June 1, 2017. Forms may be completed online, faxed, scanned and emailed or mailed.

Please note that we will be unable to accept canoe trip sign up and clothing pre-orders received after the June 1st deadline. Thank you for returning your forms promptly!

CAMPER SECTIONS

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Campers are divided into 'sections' during their stay at Onondaga. There is a Section Head in charge of each group and counsellors who are responsible for the cabin or tent groups that make up the sections. Each 'section' has a boys' and a girls' side.

Jincis:	Ages 6 to 10 (2007 to 2011)
Bantams:	Ages 11 & 12 (2005 to 2006)
Inters:	Age 13 (2004)
Seniors	Age 14 (2003)
Super Seniors	Age 15 (2002)

Ages are based on year of birth. For example, a camper born in November of 2005 would be in the Bantam section even though they turn 11 after the summer.

THE ONONDAGA PHILOSOPHY

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Onondaga Camp provides an inclusive environment where young people can play, explore, achieve and grow.

In all our programs, we encourage campers to become more confident in themselves and comfortable with others in a safe and energetic environment. We credit our success to our terrific staff – the majority of who are former campers. We train them to guide campers to realize their potential and to get the most from their camp experience. Our ratio of one staff person to every three campers enables us to offer that extra measure of time, instruction and personal support.

Our roots are in Ontario but Onondaga has always been lucky to welcome international campers and staff from all over the world. We all benefit from this friendly exchange of different people, cultures and ideas.

At Onondaga, we deeply honour and value the past. However, it's equally important to be in touch with the changing interests and attitudes of today's youth. Our ultimate goal remains the same: to help campers discover the opportunities, experiences and friendships to make Onondaga the experience of a lifetime.

SESSION DATES

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	SESSION START DATE	END DATE
A	Friday, June 30	Wednesday, July 26
A1	Friday, June 30	Thursday, July 13
A2	Thursday, July 13	Wednesday, July 26
B	Sunday , July 30	Friday, August 25
B1	Sunday , July 30	Saturday, August 12
B2	Saturday , August 12	Friday, August 25
C	Saturday , August 26	Friday, September 1

LEADERSHIP (LIT) SESSION DATES

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	SESSION START DATE	END DATE
LIT 1A	Thursday, June 29	Wednesday, July 26
LIT 1B	Saturday, July 29	Friday, August 25
LIT 2	Tuesday, June 27	Friday, August 25

Mid-summer 'changeover' for LIT 2s begins the morning of Wednesday, July 26. LIT 2s must be back at camp by 12:00pm (noon) on Sunday, July 30.

DAILY ROUTINE

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7:45	Wake up
8:00	Breakfast
8:45	Cabin clean up / inspection
9:15	Period 1
10:15	Period 2
11:15	Period 3
12:05	Free time
12:25	Lunch
1:10	Rest hour
2:15	Period 4
3:15	Period 5
4:15	Period 6
5:05	Free time
6:00	Dinner
7:00	Evening activity

LIGHTS OUT

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Jincis (ages 6 to 10)	9:00 pm
Bantams (ages 11 & 12)	9:15 pm
Inters (age 13)	9:30 pm
Seniors (age 14)	10:00 pm
Super Seniors (age 15)	10:00 pm

ACTIVITY SIGN UP AND ROTATION

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Jinci campers (ages 6-10) visit activities on a rotation schedule. They go to three activities in the morning and three in the afternoon accompanied by their cabin group and a counsellor. This allows them to visit every activity at least twice during a two week stay at camp, and at least four times during a month long stay. There are a few activities which are for campers ages 11 and older only: Giant Swing, High Ropes, Crossbow, Mountain Biking, Windsurfing and Yoga.

Our Bantams, Inters, Seniors and Super Seniors sign up for activities on a daily basis. Sign up is done at breakfast and dinner each day for the following three morning periods and three afternoon activity periods. Sign up is rotated to allow equal opportunity for activity sign up. Campers can find the activities they have signed up for posted on the kiosk outside of the dining hall and around camp. Campers go to activities with other campers from any of these sections; it is a great way for them to meet different campers every day!

CANOE TRIPS

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Age 9 & under (Jincis)

No Canoe trip

Age 10 (Jincis)

1 night on surrounding lakes (all 10 yr old campers participate with their cabin group)

Age 11 & 12 (Bantams)

3 day trip in Leslie Frost Centre (optional) **SIGN UP REQUIRED**

Age 13 (Inters)

4 day canoe trip in Algonquin Park (optional) **SIGN UP REQUIRED**

Age 14 & 15 (Seniors, Super Seniors)

Two week campers: 4 day trip in Algonquin Park (optional) **SIGN UP REQUIRED**

Four week campers: 4 or 7 day trip in Algonquin Park (optional) **SIGN UP REQUIRED**

ALL OPTIONAL CANOE TRIPS MUST BE SIGNED UP FOR BEFORE JUNE 1, 2017.

Please note that canoe trips are not offered in 'C' session. 'Age' refers to the age that a camper will be by December 31, 2017.

Please note that Onondaga reserves the right to cancel canoe trips if the enrolment numbers are too low. This situation happens infrequently and parents will be notified right away if a trip is being cancelled.

PREPARING YOUR CHILD FOR CAMP

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Onondaga Camp provides many activities for your child's enjoyment. However, it is quite normal for a first time camper, and sometimes a repeat camper, to miss home or to become "homesick". Our counsellors are trained to deal with this, but as parents you can help prepare your child for their stay at camp.

A camp experience may be intimidating for a first time camper. Quite often, children are unsure what the camp experience will be like. For instance, campers may not be sure if their cabin group will like them, if they will like their cabin group and if they will like the camp activities.

It is only natural that a new camper may be apprehensive. It is important for campers to have as much information about camp before arriving as it helps them adjust quickly to camp life. If you live in the Toronto area we encourage you to attend one of our information nights; please see our website or call the office for details and dates.

As parents you can help ensure that your child has a good time at camp by staying positive and excited about their upcoming experience. Even if you are feeling nervous it is important to provide encouraging support for your child. Consider involving your child in getting ready for camp (picking out and labeling their belongings, deciding on a few pictures to bring from home etc.). Talk to your child about what they can expect at camp; review the camper handbook with them and go over the website. If they have questions you cannot answer call or email the

camp office together. Ask your child if there is anything they are nervous about and come up with strategies ahead of time to deal with them. Please keep in mind that if you tell your camper that you will come and get them if they are unhappy you will be discouraging them from trying to deal with their feelings of missing home.

TELEPHONES

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Campers are not permitted to place or receive personal phone calls except in emergencies. The camp phone number is 705.286.1030 and is answered during regular business hours. Should you require information on your child, we will be pleased to have their Section Head call you back as soon as possible.

Parents of first time campers will receive a call from their camper's Section Head within the first few days of camp. This is to provide a quick update about how your child is settling in. Parents of returning campers can expect a call with an update from their camper's Section Head by the end of the first week.

Please note that campers are not permitted to have cell phones at camp. Being in constant communication with family and friends from home can detract from the opportunity to develop a greater sense of self and work on independence. Another important part of the camp experience is building resiliency. The chance to practise problem solving and decision making without speaking to those back home helps improve all of these skills. We greatly appreciate your cooperation!

EMAIL

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EMAIL SERVICE

Emails may be sent to campers through our one way email system. Emails will be printed off and delivered to campers within 48 hours.

SETTING UP AN ACCOUNT

If you registered online for camp this year, you already have an account. You will use the same account to access the email system.

If you did not register online, we will set up an account for you. You will receive an email closer to the start of camp with instructions on how to initialize your account (and then you can use this account in the future to register online if you choose to).

LOGGING IN

You will be able to click on a link on our website (www.onondagacamp.com) and then enter your username and password. If you forget your password, you can always click on the 'Forgot your username or password?' link, or call us at camp (705.286.1030) for help.

If you have any questions about this service, please give us a call.

MAIL

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Campers do appreciate mail and parents are encouraged to write often when their child is at camp. In turn, we do our best to make sure your child writes home.

Please address mail to: Camper's Name & Section
c/o Onondaga Camp
1120 Rackety Trail, R.R. #3
Minden, Ontario K0M 2K0

As the camp is located on a rural route, the mail to and from camp tends to take significantly longer than in major mailing centers. We recommend sending mail at least a week in advance. If your child is taking the bus, please feel free to give letters to the staff on the bus, or you may wish to leave a letter, or two, with the camp office when you bring your child to camp.

Should you receive an 'upset' letter from your child, please do not be alarmed. Most often these letters are written before your child has settled in. Usually, by the time you get the letter, everything is fine. However, please call the camp office and we will have the Section Head call you with an update.

Please be assured that if there are any issues we feel you should know about we will be in touch with you immediately.

CARE PACKAGES

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Care packages are wonderful things to receive at camp, however, due to food allergies, they must be comprised of articles other than food. Some suggestions include: books, magazines, games, toys or clothing. **Please note that all campers will be asked to open their packages in the camp office and any food items will be disposed of.** We appreciate your cooperation. For great, ready to go care packages check out www.parcelledwithlove.com.

CAMP CLOTHING

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The camp does not have an official uniform for everyday use, but camp T-shirts, sweatshirts and other clothing are available from the camp Tuck Shop. If you wish to purchase clothing for your child, please complete the clothing pre-order form. Clothing may be ordered in advance and will be sent to your home prior to the camp session. **In order to assure availability of your child's size, we strongly recommend that you pre-order clothing, especially for those campers attending camp in August.** Clothing may also be purchased during camp from the Onondaga Tuck Shop, but please note that the camp will not permit any camper to purchase clothing items unless we have a completed Tuck permission form with a parent's signature. The cost of the clothing will be charged to each camper's Tuck account.

ARRIVAL AND DEPARTURE INFORMATION

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No matter how your camper(s) will be arriving at Onondaga we ask that you respect the arrival and departure times below as they will help to ensure a smooth arrival/departure for you and our other families.

CAR

Cost: N/A
 Location: Onondaga. Please see map & directions on page 16.
 Arrival Day: Please arrive at camp between 2 pm & 4 pm.
 Departure Day: Please pick up campers between 9am & 10:30am.

BUS **Please note NEW LOCATION for 2017**

Cost: \$65.00 + HST (each way)
 Location: Loblaws: 11 Redway Road, East York, Ontario M4H 1P6
 (just off Millwood & Southvale in Leaside)
 Arrival Day: Please look for the white Onondaga Tent. Buses will depart at 2 pm sharp. Please have your camper at Loblaws by 1:30pm.
 Departure Day: Buses will arrive in Toronto between 11:30am & 12pm.

TRAIN

Cost: \$75.00 + HST (each way)
 Location: Union Station
 Arrival Day: Trains must arrive in Toronto between 12 pm & 4 pm.
 Departure Day: Trains must depart from Toronto between 12 pm & 4 pm.

AIRPORT

Cost: \$100.00 + HST (each way)
 Location: Pearson International Airport
 Arrival Day: Flights must arrive in Toronto between 11am & 7pm.
 Departure Day: Flights must depart from Toronto between 11 am & 7pm.

TRAIN STATION/AIRPORT PICK UP AND DROP OFF

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Campers arriving in Toronto by train or airplane will be met by an Onondaga staff member wearing their red Onondaga staff shirt. Campers will travel to camp, with a staff member, either on a chartered bus or in a camp van. On departure days, our staff will see that campers are checked in at the train station or airport. Any special arrangements must be made at least one month in advance.

For safety reasons in the airport, we would strongly encourage you to register all campers traveling without an adult as 'unaccompanied minors' with the airlines.

Photocopies of the train or plane tickets MUST be given to the camp office when arranging transportation. To prevent loss, campers must deposit their tickets, identification and any money at the camp office upon their arrival in camp.

VISITING THE CAMP

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ONE & TWO WEEK CAMPERS:

One and two week campers are not allowed visitors because of the short length of their session. Most campers take a bit of time to settle into the camp routine and a visit from parents during these shorter sessions may disrupt the camper's enjoyment of camp. We very much appreciate your cooperation with this.

FOUR WEEK CAMPERS:

As not all families are able to visit, we do not have a specific visitor's day, nor do we put on special programs for visiting parents. You are welcome to come and visit your camper during their stay. We would ask that visits take place between 12 pm and 2 pm. Campers should be back to participate in activities starting at 2 pm. Please call prior to your visit so we may ensure that your child will be in camp and not on a canoe trip.

If you wish to take your child out of camp while visiting, please check out and in with the camp office. Parents wishing to take other campers out of camp with their child may do so only if Onondaga has written authorization from the other camper's parents.

'CAMP TIME'

.....

Please note that Onondaga is on 'Camp Time' (one hour ahead) for 'C' session. If you are visiting a camper during this time the visit should take place between 11:00 am and 1:00 pm 'Real Time' (Eastern Standard Time).

PLACES TO STAY IN THE AREA

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If you are looking to stay in the area while visiting the camp, the following are some resorts in the area and their phone numbers.

Sunny Rock Bed & Breakfast
1.888.786.6976 / 705.286.4922
www.sunnyrock.on.ca

Pinestone Golf and Conference Resort
705.457.1800
www.pinestone-resort.com

Located on Scott's Dam Road in Minden Located near Haliburton off Highway 121

Minden House
705.286.4450
www.mindenhousebb.com
Located in Minden

TUCK SHOP

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Campers are able to visit the Tuck Shop, our camp store, a couple times a week and are given a limit to the amount of candy they can buy. General toiletry items such as toothpaste and soap are also available and can be purchased at any time.

TUCK SHOP POLICY

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A signed copy of the 'Tuck Permission' form must be on file in order for a camper to purchase clothing in the Tuck Shop (all food items are included in camp fees). A credit card number must be supplied on this form for it to be considered valid. **All Tuck Shop purchases will be charged to the credit card on file in September. A Statement of Account detailing all Tuck Shop purchases will be mailed out in the fall.**

Money is not required at camp and cannot be spent. Parents should **not** give their children spending money for camp. Parents wishing to give their children traveling money should make sure that the child deposits it with the camp office when they arrive at Onondaga, to be picked up prior to departure. This will avoid any possible loss.

LAUNDRY AND LOST & FOUND

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Campers' clothes are laundered once every two weeks at a commercial laundry facility. It is important that parents affix name tags on all clothing to help ensure no mix ups take place. The cost of this laundry service is included in the camp fee. Our laundry is not equipped to do any hand washing. Therefore, clothing that might require hand washing should not be brought to camp.

Every effort will be made to return lost & found items to campers. Please ensure that your camper's belongings are labeled with both their first and last name. Please note that any items which are not claimed by October 15th will be donated.

IMPETIGO

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Impetigo is a contagious skin infection that usually produces blisters or sores on the face, neck, hands, and groin area. It is one of the most common skin infections among children. It is often associated with insect bites and cuts. Our staff are trained to help prevent impetigo by promoting good hygiene practices and to make sure that campers are seen in our health centre if any health issues arise during their stay.

Please be aware that impetigo can spread and worsen quite quickly (by scratching and touching other parts of the body or by coming into contact with infected skin or items that have been touched by infected skin eg. towels, clothing). With an incubation period of 1 to 3 days it is possible that if a camper were to contract it at the end of their stay we may be unaware of the infection when they return home. Should you discover any symptoms in the first few days of your camper's return please be sure to see your family physician right away. Impetigo can usually be treated with antibiotic ointment (when it just affects a small area of the skin). If the infection has spread to other areas of the body, or the ointment isn't working, the doctor may prescribe an antibiotic pill or liquid.

SUN AT CAMP

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At Onondaga, the safety of our campers is our first priority. As part of its ongoing risk management program, Onondaga has a sun safety policy to help protect our campers while enjoying time outside. Onondaga has also received the “Sun Aware Certification” from the Melanoma Network of Canada in recognition for our efforts and success in Sun Safety.

We encourage parents to talk to campers about the risks of overexposure to sun and the importance of wearing sunscreen, hats and sunglasses.

Our staff will participate in training regarding sun safety before campers arrive. Announcements will be made after breakfast and lunch each day reminding campers to wear hats, apply sunscreen and drink water. Sunscreen (SPF 30) will be available at all of our activities and campers will be reminded to reapply throughout the day. Hats are required at activities taking place on the water.

MOSQUITOES AT CAMP

.....

Onondaga has an integrated mosquito management program to help reduce mosquito bites.

PREPARING YOUR CHILD FOR CAMP

We encourage parents to take the following steps to help reduce the risk of West Nile infection:

- Pack long sleeved t-shirts and long pants for early morning and evening.
- Send your camper with a proper mosquito repellent (for campers under the age of 12 a repellent with less than 10% deet is recommended, for campers over the age of 12 a repellent with less than 30% deet is recommended).
- Discuss with your camper(s) the proper application of repellent and times when they should wear long-sleeved shirts and pants.
- Mosquito netting is recommended for those campers (aged 12 and older) who will be staying in a tent. It is available at Mountain Equipment Co-op, Canadian Tire and other Outfitting stores.

PROTECTING YOUR CHILD AT CAMP

- Our staff will receive training regarding appropriate clothing & repellent.
- Insect repellent will be readily available at activities, and on canoe trips and will also be sold in our Tuck Shop.
- The integrity of screens in cabins will be monitored.
- We will also be selling Mosquito Nets in the Tuck Shop.
- To reduce potential mosquito breeding areas we will reduce and/or eliminate, where appropriate, standing water locations.

HEALTH HISTORY

.....

The camp office must receive a completed health history for every camper at least one month prior to the arrival of the camper. The health history tells us how to contact you in the event of an emergency or accident and what medications your child may need to take or what allergic reactions they suffer from. The Ontario Health Card number, or out-of-province medical insurance number, is extremely important. It is essential that we are informed of any food allergies as early as possible. If your child has an allergy, a special form needs to be filled out so please contact the Toronto Office as soon as possible if you have not already received one.

Please note that a medical examination specifically for camp with a doctor's certification is not mandatory. However, the name and telephone number of your family doctor is required information on the medical form and we do recommend that you try to schedule your child's annual medical check-up as close to camp as possible.

Please be careful to ensure that the health history is completely filled out in detail and signed before sending it to the camp office. If you wish to send any additional information regarding your child's health, please do not hesitate to send a letter along with your child's health history. If there are any changes in your child's health, please be sure to notify the camp office in writing as soon as possible.

MEDICATION

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All medication (including vitamins and supplements) that campers are required to take during their stay must be listed on the health history form. Medication must be in its original container and clearly labeled with your camper's first and last name. All medication except asthma inhalers, epi-pens and Allerjects, must be kept in the health centre and will be dispensed at the required times by our health centre staff.

If you are driving your camper to camp, please take the medication directly to our health centre and give it to our health centre staff. If your camper is taking the camp bus please make sure the medication is labeled and give it to one of our Assistant Directors and they will ensure it is given to the health centre. Campers arriving by plane or train should give their medication to the staff member meeting them at the airport or train station.

HEAD LICE

.....

It is the responsibility of the parents to ensure that campers do not come to camp with head lice. The campers are checked for head lice within the first 24 hours of their arrival. Please note that a professional company will be used to treat any campers found to have lice/nits at a cost to be charged to the camper's account. Onondaga Camp reserves the right to send a child home if they have head lice.

CAMP POLICIES

.....
Please be sure to review these policies with your camper before they go to camp.

ALCOHOL & DRUGS

No camper or LIT may possess or consume any alcoholic beverages on the camp property or while in the camp's charge. No camper or LIT may possess or use non-medicinal drugs on the camp property or while in the camp's charge. Any camper or LIT found breaking these regulations will be dismissed. Any portion of unused camp fees will not be refunded.

SMOKING & TOBACCO PRODUCTS

Campers are not permitted to smoke/vaporize or have cigarettes or vaporizers in their possession. Any camper found smoking/vaporizing in a cabin or tent will be dismissed from camp. Campers found smoking/vaporizing elsewhere will have their parents notified and may, at the discretion of the Director, be dismissed from camp. Any portion of unused camp fees will not be refunded.

KNIVES

Knives, including Swiss Army knives, are not permitted at camp.

TENTS & CABINS

Campers and LITs are not allowed in a tent or cabin of the opposite sex. Any situations that arise will be dealt with appropriately, including dismissal from camp.

Campers and LITs are to stay in their cabin or tent after lights out, except to use the washroom facilities. Any camper or LIT found out of his or her cabin or tent after lights out will be dealt with appropriately, which may include dismissal from camp.

CANCELLATIONS/WITHDRAWALS

If your child can no longer attend camp it is important to let the office know as soon as possible. Notice must be made in writing prior to the child arriving at camp. The balance of camp fees are due and payable before April 1, 2017. No refund of camp fees will be made under any circumstance after April 1, 2017.

ONLINE SOCIAL NETWORKING

It is getting easier for campers to stay in touch outside of camp by using such online message boards as Facebook, Twitter, You Tube, Snapchat and Instagram. Please be aware that the groups formed other than the official Onondaga Camp pages are done so without the consent or supervision of Onondaga Camp. Therefore we ask parents to be vigilant about what websites and message boards their campers use.

The use of the camp logo or photographs is not allowed on any social networking websites without written permission from Onondaga Camp.

FOOD POLICY

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In recent years, because of their attraction to food, we have witnessed an increased incidence of raccoons and other small animals entering cabins and tents at Onondaga. Although these animals do not represent an immediate threat to the safety of campers, they are disruptive and can cause quite a mess. A number of our campers also have food allergies and it is for this reason that we request that parents do not send any food with their children to camp or send any food to them during their stay at camp. If campers do possess food in their tents or cabins, unfortunately, counsellors will be placed in the difficult, and unfair position of having to remove it.

We do hope to receive full support from our parents with this policy. Parents are reminded that campers receive three meals a day and a snack before bed each day. There is also a bowl of fruit out all day for campers to eat. In addition, they have the opportunity to visit the Tuck Shop a couple of times a week where they can obtain treats such as pop, chips, and chocolate.

NUT ALLERGIES

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Please be advised that Onondaga is not a nut free environment. While we do not serve peanut products in the dining hall, we are unable to ensure that all food served in the dining hall, items sold in the tuck shop or items brought into the camp do not contain nuts. If your camper has a nut allergy, please contact the camp office. Campers with nut allergies attending camp do so at their own risk.

CELL PHONES, DIGITAL CAMERAS AND ELECTRICAL EQUIPMENT

.....

Camp is one of the last places in the world where children can experience life “unplugged.” At Onondaga we want campers to enjoy the outdoors and nature without the distraction of electronics. Camp provides an opportunity for campers to leave those items behind and focus on having fun through making connections with new friends and experiencing new things in an active environment.

One of the greatest impacts that camp can have on your child is an increased self confidence and self dependence. A large part of this comes from campers being away from home for a short period. Having a cell phone at camp greatly detracts from this.

With the above comments in mind, we ask that you support us with regards to our Electronics and Cell Phone Policies listed below. Campers are not to bring any cell phones, tablets, hair straighteners or other items requiring electrical power to camp.

- We recommend disposable cameras or an inexpensive digital camera.
- Cell phones and other electronics are not permitted. These items will be confiscated if brought to camp by any camper.

Onondaga Camp regrets that it cannot be responsible for any money not in its safekeeping or for any personal clothing or equipment lost, stolen, damaged or misplaced while at camp.

HARASSMENT POLICY

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Bullying is not accepted in our environment. Onondaga has been training its staff for years on how to recognize and deal with bullying in a camp setting. It has however, in our opinion, become necessary to detail an official Harassment Policy. Please review the following with your child and make them aware of the expectations Onondaga has of them with regards to this issue.

Onondaga Camp is fully committed to respecting and protecting the personal dignity and human rights of our campers, LITs and staff members. Campers, LITs and staff members have the right to enjoy the camping experience and work in an atmosphere that is free of any form of harassment or intimidation. The camp, staff members, LITs and the campers all share a responsibility for ensuring that such an environment exists at all times.

Harassment includes words, acts or gestures of a malicious, hateful, abusive or irritating nature, or the like, with regard to a person or group of persons that is known or ought reasonably to be known to be unwelcome. Harassment also includes, without limitation, what is commonly referred to as bullying and vexatious words, acts and gestures against a person or group of persons on the basis of any of the following:

Academic Ability	Disability/Handicap	Family Status	Age
Language	Religion	Civil Status	Sex
Physical Appearance	Political Convictions	Sexual Orientation	Colour
Gender Identity	Place of Origin	Citizenship	Race

Harassment can be a single incident or a series of incidents.

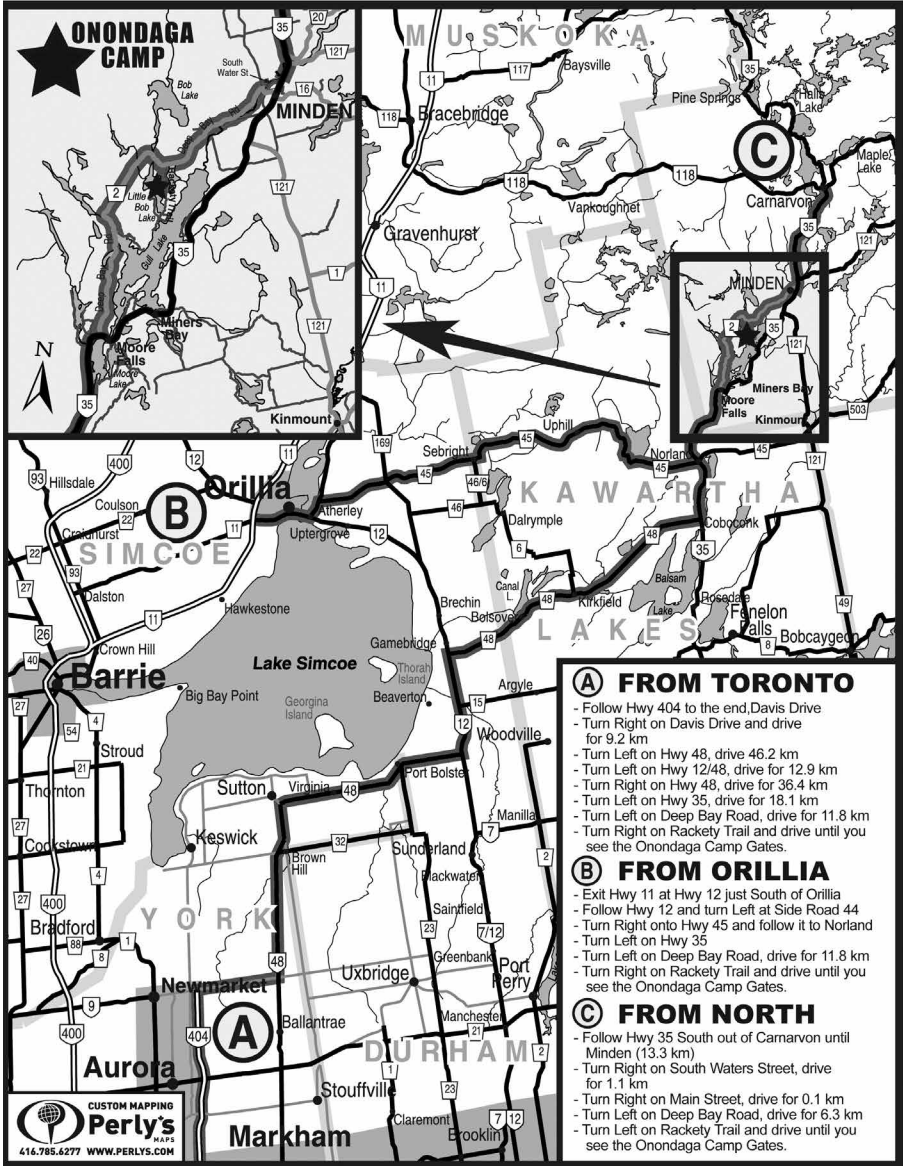
Campers, LITs or staff members found in violation of any of the above will be liable for: (i) a formal apology; (ii) a re-affirmation of the commitment to the camp (suspension); or (iii) expulsion; at the Director's discretion depending on the nature of the harassment. In addition to any sanction imposed by the camp, staff members who engage in harassment could face sanctions imposed under the Ontario Human Rights Code.

PERSONAL PROPERTY

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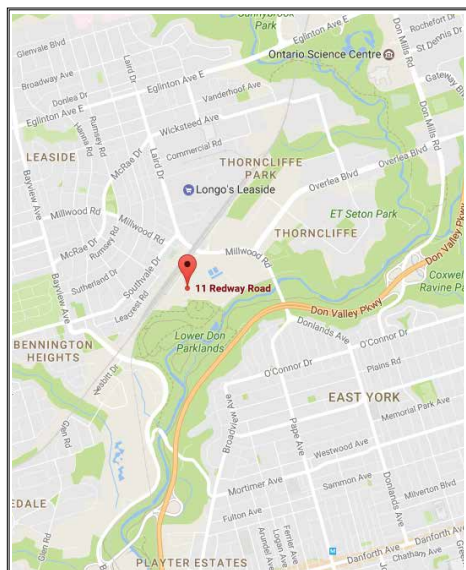
It is very important, when living with others, that campers respect each others' property. We do our best to make sure campers look after their property. Parents must label all their children's clothing and equipment. Please do not send campers to camp with expensive, inappropriate items.

MAP TO ONONDAGA



BUS PICK UP AND DROP OFF

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LOCATION OF LOBLAWS REDWAY:

11 Redway Road
(just off Millwood & Southvale in Leaside)
East York, Ontario
M4H 1P6



Pick up in the Southwest corner
of the parking lot.
Please look for the Onondaga tent.

SPECIAL DATES TO REMEMBER

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ONONDAGA CAMP REUNION

Every year, around the December holidays (date and location will be announced in the fall), we host a reunion for our campers in Toronto. This is a great opportunity to visit with your camp friends in the winter, view our slide presentation of the summer and receive your much treasured yearbook (don't worry, if you are unable to attend, we will mail your yearbook to you).

NEXT YEAR'S SUMMER

Each year Onondaga's popularity grows and grows. We always have our dates decided by September and this is when we begin to accept campers into our camp. If you would like to have the session of your choice it is always best to register early, some sessions fill in the fall! Spaces for returning families are guaranteed until November 1st. Don't wait because you may miss out on the session that is best for you. We are glad to have you back!

FINAL NOTE

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We hope that this booklet has been useful. If you have any suggestions for its improvement for future years, please help by letting us know. If there are still any unanswered questions, please call the Toronto Office at 416.482.0782. We look forward to having your child join us this summer for a great camping experience!

SUGGESTED CLOTHING AND EQUIPMENT LIST

The enclosed clothing list is merely a guideline and is not a mandatory list; parents should use their discretion for substitutions. Please remember that you are sending your child to a camp and clothes will get well used. Therefore, old clothes are best. Most campers will pack for camp in a duffle bag (trunks, plastic storage bins and suitcases are fine too). Cabins have storage shelves for each camper. Tents do not have shelving. There is approximately 13" under the bed to store items. This is a list to be used as a guide only and is based on the needs of two week campers. Please label everything with the camper's first & last name.

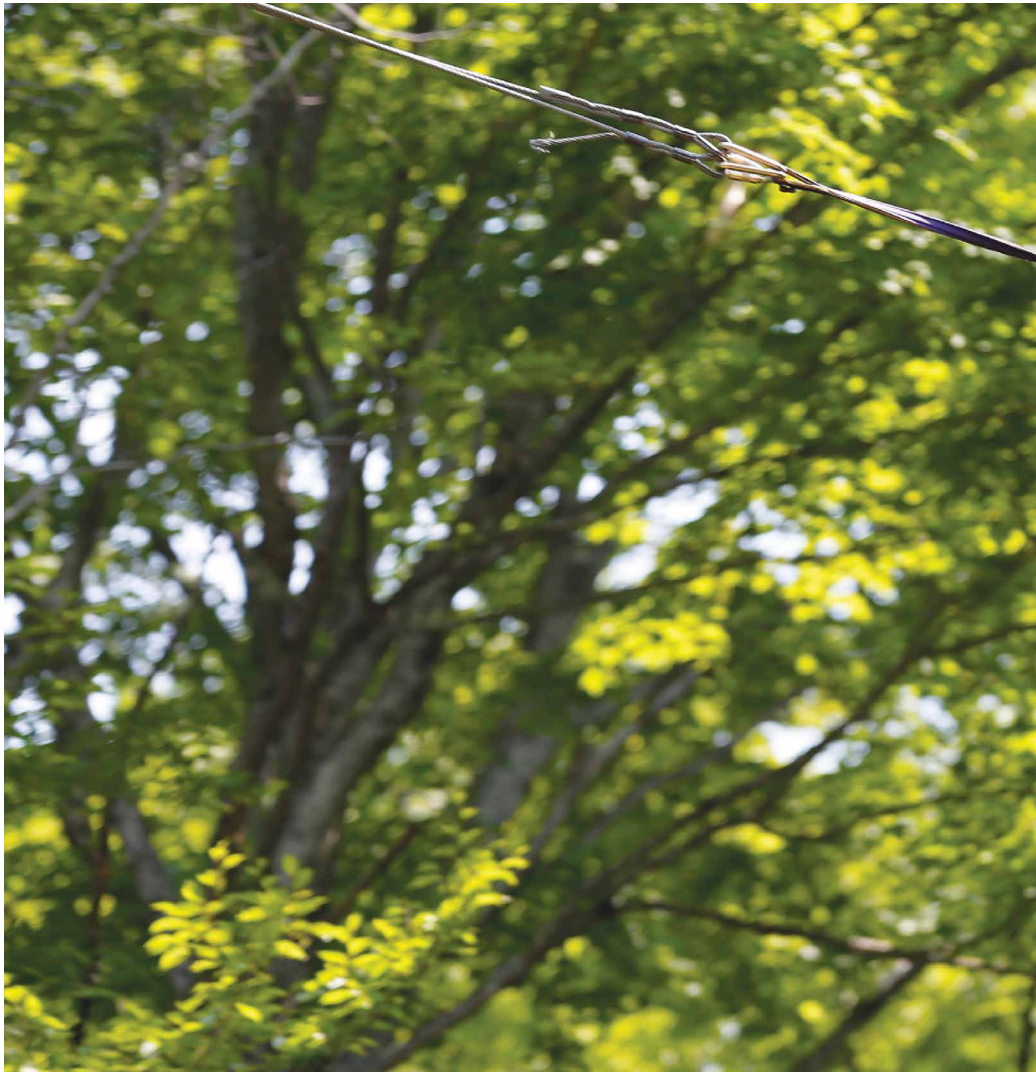
The final dinner of each 4-week session is a camper banquet. Regular camp clothing is worn and welcome at this meal however many campers will choose to bring a special outfit to wear (eg. a skirt/ sundress or a pair of shorts and collared shirt).

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| <p>CLOTHING</p> <ul style="list-style-type: none"> <input type="checkbox"/> 8 shirts or t-shirts <input type="checkbox"/> 2 heavy warm sweatshirts/sweaters <input type="checkbox"/> 2 long sleeve shirts <input type="checkbox"/> 4 pairs of shorts <input type="checkbox"/> 3 pairs of pants <input type="checkbox"/> 8 pairs of underpants <input type="checkbox"/> 8 pairs of socks (2 pairs of heavy socks for rubber boots) <input type="checkbox"/> 2 pairs of pajamas <input type="checkbox"/> 2 bathing suits <input type="checkbox"/> 1 pair of rubber boots (with heels for riding) <input type="checkbox"/> 2 pairs of running shoes (including an old pair for wet use) <input type="checkbox"/> 1 pair of sandals or flip flops <input type="checkbox"/> 2 hats (1 for sun & 1 for rain) <input type="checkbox"/> 1 rain suit or rain jacket <input type="checkbox"/> 1 laundry bag <p>BEDDING & TOWELS</p> <ul style="list-style-type: none"> <input type="checkbox"/> 2 pillow cases <input type="checkbox"/> 1 pillow <input type="checkbox"/> 1 sleeping bag <input type="checkbox"/> 1 old blanket <input type="checkbox"/> 1 fitted sheet (single) <input type="checkbox"/> 3 bath towels <input type="checkbox"/> 2 wash cloths | <p>TOILET KIT</p> <ul style="list-style-type: none"> <input type="checkbox"/> 1 toilet bag or case <input type="checkbox"/> 1 toothbrush & toothpaste <input type="checkbox"/> 1 bar of soap <input type="checkbox"/> 1 bottle of shampoo <input type="checkbox"/> 1 comb & brush <input type="checkbox"/> 1 box of tissues <input type="checkbox"/> 1 bottle of sunscreen <input type="checkbox"/> 1 mosquito repellent <p>OTHER ARTICLES</p> <ul style="list-style-type: none"> <input type="checkbox"/> 1 flashlight <input type="checkbox"/> 1 pair of sunglasses <input type="checkbox"/> 1 water bottle (durable) <input type="checkbox"/> 1 Government approved life jacket with a whistle attached <input type="checkbox"/> 1 pen or pencil <input type="checkbox"/> writing paper <input type="checkbox"/> stamped and addressed envelopes <p>OPTIONAL ITEMS</p> <ul style="list-style-type: none"> <input type="checkbox"/> 1 dry sack: 30-40 Litre (for canoe trip) (available at outfitter stores) <input type="checkbox"/> mosquito netting (for campers living in tents) <input type="checkbox"/> books & games <input type="checkbox"/> disposable camera |
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EACH CAMPER MUST COME TO CAMP WITH A GOVERNMENT APPROVED LIFE JACKET. CAMPERS TRAVELING BY AIR: LIFE JACKETS WILL BE PROVIDED.

ITEMS NOT TO BRING

Please be sure to review these policies with your camper before they go to camp. The following items take away from the overall camp experience and are not permitted at Onondaga. Any camper found with the following items will have them confiscated: • **Electronics** • **Cell phones** • **Food**



TORONTO ADDRESS

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544 Eglinton Avenue East
Suite 100
Toronto, Ontario
M4P 1N9

PHONE 416.482.0782 FAX 416.482.6237

camp@onondagacamp.com

WWW.ONONDAGACAMP.COM



SUMMER ADDRESS

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1120 Rackety Trail
RR #3
Minden, Ontario
KOM 2K0

PHONE 705.286.1030 FAX 416.482.6237