### 2017 ADDITIONAL CAMPER/LIT INFORMATION



•••	
Camper/LIT (first & last Name):	<b>Session</b> (A1, B, etc.):
Please use the following space to provide us with any informaking your camper/LIT's stay at Onondaga a success. The staff directly involved in the care of your camper.	
What would <b>you</b> like your child to get out of their experience	e at Onondaga Camp?
What would <b>your child</b> like to get out of their experience at	t Onondaga Camp?
How would you describe your child's personality? (ie. outgo	ing, shy, active, etc.)
Is there anything else about your child you would like us to k	know?(ie. bedwetting, asthma, sleepwalking
bullying at school, etc.)	



### 2017 CAMPER ALLERGY HEALTH HISTORY

This form must be returned to the Camp before the camper/LIT arrives if he/she has a serious allergy that we should be aware of. Please be as thorough as possible. This information is a supplement to the health history which must also be submitted to the Camp.

		Sess	ion (A1, A2, B1, B2, C):	
Camper/LIT Name (fir	rst & last):	Date of Birth (	mm/dd/yy):/	
Allergen (eg. peanuts, gluten, dairy, insect bites, hay fever)	Symptoms / Most Serious Reaction to Date (eg. itching, hives, trouble breathing)	History of Prior Medical Attention (ie. Emergency admittance to hospital, Epi-Pen or Allerject, prescription or non-prescription medication, family doctor, allergy specialist)	Regular Precautions (ie. avoidance, regular medication, medication as required, emergency measures on hand). If taking regular medication please indicate dosage & instructions.	
1				
Please Select One:				
Minor (eg. sneezing, itching)				
Major (eg. hives, vomiting)				
Life Threatening (eg. trouble breathing, anaphylactic)				
2				
Please Select One:				
Minor (eg. sneezing, itching)				
Major (eg. hives, vomiting)				
Life Threatening (eg. trouble breathing, anaphylactic)				
3				
Please Select One:				
Minor (eg. sneezing, itching)				
Major (eg. hives, vomiting)				
Life Threatening (eg. trouble breathing, anaphylactic)				
4				
Please Select One:				
Minor (eg. sneezing, itching)				
Major (eg. hives, vomiting)				
Life Threatening (eg. trouble breathing, anaphylactic)				
My camper/LIT carries an Epi-	Pen (please select one):	YES NO		
If more room is required please	attach a second sheet with	necessary details. Thanks!		
provide the required medicatio	on. I also understand that		nedication related to the allergy, I will anaphylactic allergy my child will <u>not</u> in writing, with the Director.	
Date:	Signat	ture of Parent/Guardian:		

### 2017 CAMPER ALLERGY HEALTH HISTORY

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This form must be returned to the Camp before the camper/LIT arrives if he/she has a serious allergy that we should be aware of. Please be as thorough as possible. This information is a supplement to the health history which must also be submitted to the Camp.

J	usmitted to the early.	Session	<b>on</b> (A1, A2, B1, B2, C):
Camper/LIT Name (first	t & last):	Date of Birth (n	nm/dd/yy)://
Allergen (eg. peanuts, gluten, dairy, insect bites, hay fever)	Symptoms / Most Serious Reaction to Date (eg. itching, hives, trouble breathing)	History of Prior Medical Attention (ie. Emergency admittance to hospital, Epi-Pen or Allerject, prescription or non-prescription medication, family doctor, allergy specialist)	Regular Precautions (ie. avoidance, regular medication, medication as required, emergency measures on hand). If taking regular medication please indicate dosage & instructions.
1			
Please Select One:			
Minor (eg. sneezing, itching)			
Major (eg. hives, vomiting)			
Life Threatening (eg. trouble breathing, anaphylactic)			
2			
Please Select One:			
Minor (eg. sneezing, itching)			
Major (eg. hives, vomiting)			
Life Threatening (eg. trouble breathing, anaphylactic)			
3.			
Please Select One:			
Minor (eg. sneezing, itching)			
Major (eg. hives, vomiting)			
Life Threatening (eg. trouble breathing, anaphylactic)			
<b>1</b> .			
Please Select One:			
Minor (eg. sneezing, itching)			
Major (eg. hives, vomiting)			
Life Threatening (eg. trouble breathing, anaphylactic)			
rovide the required medication	ild require either EpiPen, <i>i</i> n. I also understand that i	necessary details. Thanks!  Allerject, ventolin or other specific m if my child has a life threatening or a is I have made special arrangements,	naphylactic allergy my child will <u>n</u>
		re of Parent/Guardian:	<u> </u>

# 2017 POLICIES AND EXPECTATIONS FOR ONONDAGA CAMPERS



PLEASE READ AND REVIEW THE FOLLOWING WITH YOUR CAMPER/LIT(S).

At Onondaga, we are committed to making camp a safe and supportive environment that allows campers/LITs to become more self assured and accepting of others. In order to help fulfill this commitment we have a number of policies and expectations with regard to camper/LIT behaviour while at camp. We review these in detail with campers/LITs when they arrive at camp. There are a number of these policies and expectations that we wish you to review with your camper/LIT prior to their arrival. We need to ensure we have the full understanding and support of our families and our campers/LITs in this regard.

- 1. **Alcohol and Drugs** No camper or LIT may possess or consume any alcohol on Camp property or while in the Camp's charge. No camper or LIT may possess or use non-medicinal drugs on the Camp property or while in the Camp's charge. Any camper or LIT found breaking these policies will be dismissed from Onondaga.
- 2. Smoking Campers/LITs are not permitted to smoke/vaporize or to have cigarettes or vaporizers in their possession. Any camper/LIT found smoking/vaporizing in any building or tent will be dismissed from Onondaga. Campers/LITs found smoking/vaporizing elsewhere or having cigarettes or vaporizers in their possession will have their parents notified and may, at the discretion of the Director, be dismissed from Onondaga.
- 3. **Lights Out** After lights out, campers/LITs are expected to stay in their tent for their own safety. Campers/LITs found outside their tent after this time, without a legitimate reason, will have their parents notified and may, at the discretion of the Director, be dismissed from Onondaga.
- 4. **Harassment** No bullying or harassment of any kind physical, verbal, sexual or emotional will be tolerated. Campers/LITs who break this policy may, at the discretion of the Director, be dismissed from Onondaga. *PLEASE READ OUR FULL HARASSMENT POLICY ON PAGE 15 OF OUR PARENT HANDBOOK.*

These policies will be strictly enforced to ensure the safety and well being of campers and to maintain the Onondaga atmosphere we are all so proud of. Where any camper is dismissed from Onondaga, any portion of unused camp fees will not be refunded.

Please sign below to indicate that you have discussed these policies with your camper. Parent Signature Print Name Date I have read and clearly understand the policies stated above, and I agree to follow them while at Onondaga Camp. Camper/LIT 1: \_ Camper Signature Print Name Date Camper/LIT 2: Camper Signature Print Name Date Camper/LIT 3: Camper Signature Print Name Date Camper/LIT 4: Camper Signature Print Name Date

### **2017 CANOE TRIP SIGN UP**





Bantam, Inter, Senior and Super Senior campers (aged 11 to 15 in 2017) must sign up for their canoe trip *before* they come to camp. This allows us to make the necessary Provincial Park bookings as popular trip routes are becoming harder to secure each year. Canoe trips continue to be a valuable part of the Onondaga experience and we encourage all campers to participate.

IF YOUR CAMPER(S) WOULD LIKE TO PARTICIPATE IN A CANOE TRIP THIS FORM MUST BE RETURNED TO OUR TORONTO OFFICE BEFORE JUNE 1, 2017. Please note that, regrettably, forms will not be accepted after this date.

Please note that Onondaga reserves the right to cancel canoe trips due to low enrollment. This situation happens infrequently and parents will be notified right away if a trip is being cancelled.

### **Canoe Trip Lengths**

Bantam (age 11 & 12) - 3 Day Trip Senior (age 14) - 4 Day Trip Super Senior (age 15) - 4 Day Trip Inter (age 13) - 4 Day Trip Super Senior (age 14) - 7 Day Trip (4 wk. campers only) Super Senior (age 15) - 7 Day Trip (4 wk. campers only)

### Sign Up

The length of canoe trip will be automatically determined by the camper's Section (age). If the camper is a 'Senior' or 'Super Senior' attending a 4 week stay and they would like to participate in the 7 day trip please be sure to indicate this below.

Please sign the following camper(s) up for a canoe trip:

# Camper #1: First & Last Name: If your camper is a Senior or Super Senior, attending a 4 week session, and they would like to go on the 7 day trip please check here: Camper #2: First & Last Name: If your camper is a Senior or Super Senior, attending a 4 week session, and they would like to go on the 7 day trip please check here: Camper #3: First & Last Name: If your camper is a Senior or Super Senior, attending a 4 week session, and they would like to go on the 7 day trip please check here: Camper #4: First & Last Name: If your camper is a Senior or Super Senior, attending a 4 week session, and they would like to go on the 7 day trip please check here: Camper #4: First & Last Name: If your camper is a Senior or Super Senior, attending a 4 week session, and they would like to go on the 7 day trip please check here: Camper #5: Camper Signature: Camper Signature:

Please note that all campers born in 2007, enrolled in a two week or four week session, will have the opportunity to participate in an overnight trip. Sign up is not required for Jinci campers.

PLEASE COMPLETE AND RETURN TO THE TORONTO OFFICE BY JUNE 1<sup>ST</sup>.

 $544\ Eglinton\ Ave.\ East,\ Suite\ 100,\ Toronto,\ ON,\ M4P\ 1N9\ Fax:\ 416-482-6237;\ camp@onondagacamp.com$ 

2017 CLOTHING PRF-ORDER FORM



201/ CLOTTHING I KE-OKDER FORM	
Camper 1 (first & last name):	Camper 2 (first & last name):
Camper 3 (first & last name):	Camper 4 (first & last name):

This form must be returned to the Toronto Office by June 1, 2017 if you wish to pre-order clothing. Clothing will be sent to your home prior to the Camp Session, provided payment accompanies the order.

Onondaga Camp clothing may be ordered in advance. To assure availability of your child's size, we strongly suggest that you pre-order clothing, especially for those campers attending camp in August. If you do not wish to pre-order, clothing may be purchased at the Onondaga Tuck Shop, provided a Tuck Permission Form has been completed. Unfortunately we cannot guarantee sizes and colours etc. at the Tuck Shop.

### 2017 Clothing Line Up!





Hooded Sweatshirt (Heather Navy) \$57.75 Youth \$62.15 Adult (taxes included)

**Sizes:**Youth - S(8), M(10), L(12)
Adult - XS, S, M, L, XL, XXL



Toque (red, blue & white)
\$24.86 (tax included)
One Size



Camper Name



Baseball Hat (red, blue & white)
\$24.86 (tax included)
One Size

**Size** 

Water bottles, sunglasses, long sleeve t-shirts and stuffed animals will be available at camp.

**Item** 

Please note that there is a shipping c	harge of \$12.50 (INCLUDING TAX) require	d for all orders.
I would like to pay for pre-ordered cl	lothing costs by (please check one): $\Box$ Visa	$\square$ MasterCard $\square$ Cheque
Card Number:	Expiry Date:	
Name on Card:		
If paying by cheque ple	ase make payable to 'Onondaga Camp' and e	enclose with form.

IF YOU WOULD LIKE TO PRE-ORDER CLOTHING, PLEASE COMPLETE AND RETURN TO THE TORONTO OFFICE BY JUNE 1<sup>ST</sup>.



### 2017 CAMPER/LIT HEALTH HISTORY

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Please be as thorough as possible as this information is to be shared with the Camp Nurse/Doctor, Directors and specific counsellors involved with your child. The camp must be notified of any change in health status from the time this form is completed until the camper/LIT starts camp. Please attach a copy of immunization record to this form.

			Session:
Camper/LIT Name (first & last):	Date	of Birth: month	/ day / year
Health Card # (optional): ver	sion code:	_ Expiry Date: mo	nth / day /year
If the camper does <u>not</u> have a current Ontario Health Greever any medical care outside of camp.			st be attached to
Home Address:  Street City			
Custody/Living Arrangements:  Both Parents  Share	Province	Postal/Zip Code	Country
v v	·	Custody	
Parent #1	Parent #2		
		Relations	
Cell #: Home #: Business #: ext:			
Dubiness II.	Dusiness "		
Emergency Contact (if parents cannot be contacted Name:			
Cell #: Home #:	B	usiness #:	
Family Physician Information: Name (first & Last):	Phone #:		ext:
Are all immunizations up to date (ie. Diphtheria, tetanu	ıs)? Yes No	)	
Last Date of Tetanus Toxoid: month/ year			
My child wets the bed: Yes No			
If yes, would you like your child woken up once after	er bedtime to use	the washroom?	Yes No
Females Only: Has she menstruated? ☐ Yes If no, has she been told about menstruation?☐ Yes			
ii iio, iias siie been told about illenstruation? res			
Please indicate if your camper/LIT has had a	ny of the follo	wing:	
☐ Chicken Pox ☐ Appendectomy ☐ Mumps ☐ Hepatitis ☐ Measles — German ☐ Tonsillitis ☐		□ Diabetes □ Rheumatic Fever □	□ Mononucleosis □ <b>Seizures</b>

Please give details of the above:



### 2017 CAMPER/LIT HEALTH HISTORY

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Anaphylactic Allergies:
Does the camper have any Anaphylactic (life threatening) allergies? Yes No
If yes, please list the anaphylactic allergy: Date of last reaction: month / year
Other Allergies (a separate Allergy Form must also be completed for all serious allergies):
Please check all that apply: Food: Nuts/Peanuts/Tree nuts Dairy Other Food – Please specify: Drugs/Medication – Please specify: Environmental (hay fever etc.) Latex (balloons, gloves, band aides etc.) Animals – Please specify: Insects – Please specify: Other – Please specify:
Dietary Requirements:
Regular, diet as tolerated Lactose-Intolerant Vegetarian: Semi-Vegetarian (no beef or pork) Lacto-Ovo (no beef, pork, chicken, seafood or fish) Vegan (no meats, eggs or dairy) Other – Please specify: Gluten Free Diet If yes, is there a medically confirmed diagnosis of Celiac? Yes No
Other food restrictions – Please specify:
Has the camper ever been diagnosed with an Eating Disorder/ Disordered Eating or displayed similar symptoms? ☐ Yes ☐ No If yes, please explain:
<b>Emotional, Social and Mental Health History:</b> Detailed answers to these questions will assist us in making your camper's stay at camp safe and successful; if you require more space for specifications, please attach another page.
Has the camper received a diagnosis of Attention Deficit Disorder (ADD) or ADHD? Yes No Has the camper received a psychiatric diagnosis, such as depression, OCD, or panic/anxiety? Yes No If yes, please specify:
Does the camper see a professional to address mental/emotional concerns? Yes No  If yes, please specify:
Has the camper required counseling for emotional, behavioural or mental health concerns? Yes No If yes, please specify:
Does the camper have a learning disability? Yes No If yes, please specify:
Does the camper have any physical disabilities? Yes No If yes, please specify:
Are there any restrictions to activities or any accommodations required for full participation in the camp program? Yes No If yes, please specify what adaptations or limitations may be necessary:

### **Other Relevant Information:**

Is there anything that has not been covered that you would like to share with us (eg. Recent illness of a family member, change in family situation)?

### 2017 CAMPER/LIT HEALTH HISTORY

basis? Yes No If yes, please specify: \_\_\_\_\_\_ List any medications that will be discontinued while at camp: \_



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	gh medication to l		riginal container we e at camp. All med		
Please use the chargiven while at car		ny prescription an	d/or non-prescrip	tion medication	or treatments to be
Name of Medication/ Treatment	<b>Dose</b> (amount)	Route (method med is taken by)	Time(s) (taken each day)	Reason (for taking /diagnosis)	Special Instructions
Eg. EpiPen, Salbutamol, Risperdal	Eg. 2 puffs inhaler, 1.5 mg pill	Eg. By mouth	Eg. As needed, 8am	Eg. Asthma, ADHD	Eg. Crushed, with apple sauce
in the past four wer for Camp or has an In the case of surgi to the physician sel anesthesia or surge has treated my chil release any medica Directors of the Ca herein. I hereby ag treatment, includir	eks. If he/she becomy change in medically change in medicallected by the Directory for the above-nation the past or any linformation concerns and/or any phygree that any matterns any relationship	mes exposed to any I health, I will infor we are not immedi or to hospitalize, semed child. I also a tother hospital or incring my child's presician selected by the arising out of my with a physician or	infectious disease been the Camp in write ately available for coure proper treatment athorize any physical stitution in which revious or current me	petween now and to his he consultation, I here ent for and to orde ian currently treating child has received in the history or conditional history or his daga Camp or his poverned by the law	by give permission r injections, ing my child or who wed treatment to ondition to the authorization given wher medical s of the Province of
Signati	ure of Parent/Gua	rdian		Date	

Does the camper currently take any medication (including non-prescription drugs) at home on a regular

PLEASE NOTE: All medication must be in the original container or pharmacy issued blister pack.

### 2017 SWIMMING PROFILE



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Camper/LIT (first & last Name): Session (A1, B, etc.):
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Each camper/LIT will be required to complete a short swim test on the first full day of camp. This will help ensure their safety at waterfront activities and allow us to place them in the proper swim class. Each camper will participate in a fifty minute period of swimming lessons each day! To help us place your child in a class please fill out the following to the best of your knowledge.

Please check the box below to indicate the **most recent** swim level that your camper/LIT has completed.

				Common Equ	Common Equivalencies		
Please Check √	Date & Location Completed	Canadian Red Cross		Lifesaving Society "Swim For Life"	City of Toronto "Ultra"		
		Swim Kids 1		Swimmer 1	Ultra 1		
		Swim Kids 2	<b></b> →	Swimmer 2	Ultra 2		
		Swim Kids 3	<b></b>	Swimmer 3	Ultra 3		
		Swim Kids 4	<b>&gt;</b>	Swimmer 4	Ultra 4		
		Swim Kids 5	<b></b>		Ultra 5		
		Swim Kids 6	<b></b>	Swimmer 5	Ultra 6		
		Swim Kids 7	<b>&gt;</b>	Swimmer 5	Ultra 7		
		Swim Kids 8	<b>&gt;</b>	Swimmer 6	Ultra 8		
		Swim Kids 9	<b>]</b> →	N/A	Ultra 9		
		Swim Kids 10	] →	N/A	Ultra 10/11		

Please Check √	Date & Location Completed	Lifesaving Society		Prerequisites				
		Bronze Star	<b></b>	N/A				
		Bronze Medallion	<b></b>	13 years old (at the time of course) <u>or</u> Bronze Star <u>and</u> 12 years old				
		Emergency First Aid w	ith CPR B					
		Bronze Cross		Bronze Medallion <u>and</u> Emergency First Aid with CPR B				

### **PLEASE NOTE:**

If your camper/LIT has completed Bronze Star, Bronze Medallion or Bronze Cross <u>we require a photocopy of the certification</u> <u>before they may participate in the next level</u>. For replacement copies please contact the Lifesaving Society (416-490-8844).

My camper/LIT is a non-swimmer		M	ly cam	per/l	LIT ha	as nev	er taken swimming lessons
My camper/LIT has taken swimming lessons outside of Canada							
Please rate their ability (check one	#): (we	ak) 1	2	3	4	5	(advanced)

Our lessons range from Red Cross Swim Kids levels 1-10 to the Lifesaving Society's Bronze Cross. Final examinations will be conducted at the Medallion and Cross levels (**please note that these exams are available for 4-week campers only**). We will be offering the Lifesaving Fitness level for those campers who have completed the Bronze levels.



### 2017 BUS, AIRPORT & TRAIN TRANSPORTATION FORM

Please complete this form if your camper(s)/LIT(s) require bus transportation to/from Toronto or pick up/ drop off at either Toronto Pearson International Airport or Union Station (train). Thanks!

Camper/LIT 1 (first & last Name):	<b>Session</b> (A1, B, etc.):							
Camper/LIT 2 (first & last Name):	<b>a</b> •							
Camper/LIT 3 (first & last Name):	~ •							
Camper/LIT 4 (first & last Name):	<b>Session</b> (A1, B, etc.):							
ARRIVAL DAY MY CAMPER(S) WILL ARRIVE BY (PLEASE CHECK ONE):	<b>DEPARTURE DAY</b> MY CAMPER(S) WILL DEPART BY (PLEASE CHECK ONE):							
☐ CAMP BUS (Loblaws - 11 Redway Road ) \$65 + HST	☐ CAMP BUS (Loblaws - 11 Redway Road ) \$65 + HST TRAIN (UNION STATION, TORONTO) \$75 + HST							
☐ TRAIN (UNION STATION, TORONTO) \$75 +HST	TRAIN (UNION STATION, TORONTO) \$75 +1131  TRAIN #:							
TRAIN #:	TIME:							
TIME:	DEPARTING TO (CITY):							
ARRIVING FROM (CITY):	PLANE (TORONTO PEARSON AIRPORT) \$100 +HST							
□ PLANE (TORONTO PEARSON AIRPORT) \$100 +HST	□ AIRLINE:							
AIRLINE:	FLIGHT #:							
FLIGHT #:	TERMINAL (1 or 3):							
TERMINAL (1 OR 3):	TIME:							
ARRIVAL TIME:	DEPARTING TO (CITY):							
ARRIVING FROM (CITY):  Please note that in order to be met by an Onondaga flights must arrive in Toronto between 11:00 am and 7:00 pm.	Campers traveling as unaccompanied minors must have all fees paid for, with the airline, in advance. All flights must depart from Toronto between 11:00am and 7:00pm.							
Please note that copies of all train and plane tickets mubefore camp stay. For additional transportation inform the Parent Handbook.	ust be provided to the camp office at least one monthation, including maps, please see pages 8, 16 and 17 in							
I would like to pay for transportation costs by (please check on	ne): □ Visa □ MasterCard □ Cheque							
Card Number:	Expiry Date:							
Name on Card:	_							
Please make cheques payable to 'Ononc	daga Camp' and enclose with this form.							

# ONONDAGA CAMP 2017 TUCK PERMISSION FORM



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Camper/LIT 1 (first & last Name):	<b>Session</b> (A1, B, etc.):				
Camper/LIT 2 (first & last Name):					
Camper/LIT 3 (first & last Name):					
Camper/LIT 4 (first & last Name):	<b>Session</b> (A1, B, etc.):				
such as batteries, toiletries, writing material Clothing Pre-order Form) and will be sent to	tion of Onondaga clothing in addition to supplies s etc. Clothing may be ordered in advance (see your home prior to the Camp Session, provided availability of your child's size, we strongly				
PLEASE SELECT ONE THE FOLLOWING:					
OPTION A	<b>OPTION B</b> □				
My child has permission to purchase toiletry <u>and</u> clothing items from the Onondaga Camp Tuck Shop during his/her stay. I understand that the charges will be applied to my child's Tuck account.	My child has permission to purchase toiletry and essential items from the Onondaga Camp Tuck Shop but I DO NOT give permission for my child to purchase clothing items. I understand that the charges will be applied to my child's Tuck account.				
Permitted items (tick off as apply):					
<ul> <li>□ All items</li> <li>□ Baseball Hat</li> <li>□ Track Pants</li> <li>□ Disposable Camera</li> <li>□ T-shirt</li> <li>□ Tank Top</li> <li>□ Stuffed Animal</li> <li>□ Water Bottle</li> <li>□ Sunglasses</li> <li>□ Long Sleeve T-Shirt</li> <li>□ Sweatshirt</li> </ul>	Note: We will not permit any camper to purchase clothing items unless we receive your permission.				
Parent/Guardian Signature:	Date:				
	rd number on file in order for a camper to l or clothing) in the Tuck Shop.				
ould like to pay for any Tuck Shop purchases by	(please check one):				
d Number:	Expiry Date:				